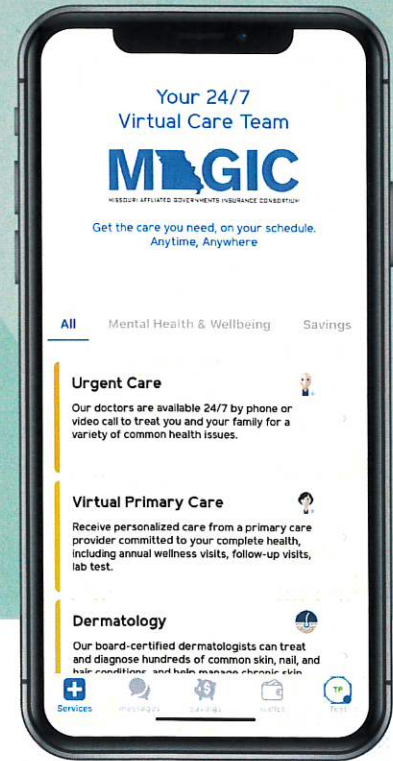




Virtual Care. Anytime. Anywhere.

Available starting 1/1/26 to employees on the medical plan!

With AllyHealth, you have 24/7/365 access to virtual urgent care doctor appointments as well as scheduled virtual appointments with primary care doctors and dermatologists. Plus mental health and wellbeing resources including short-term counseling, scheduled therapy, psychiatry visits, life coaching, practical daily support, and more. All available from home, office, or on the go, with no copays or consultation fees for you and your family. Plus, you'll have access to our Rx and medical bill savings programs—helping you save time, money, and frustration. **To start using your benefits on 1/1/26, follow the registration steps below.**



YOUR ALLYHEALTH VIRTUAL CARE SERVICES INCLUDE

Virtual Urgent Care: \$0 Copay

24/7/365 On-demand access to licensed physicians for common illnesses and medications when appropriate. Once registered, access this service through the app, online or by calling **877-283-3777 ext 1**.

Virtual Primary Care: \$0 Copay

Allows you to select a primary care physician to manage routine and ongoing health conditions, medication adherence, and chronic care management. Once registered, access this service through the app, online or by calling **877-283-3777 ext 1**.

Virtual Dermatology: \$0 Copay

Our board-certified dermatologist can treat and diagnose hundreds of common skin, nail, and hair conditions, as well as help manage chronic skin conditions. Once registered, access this service through the app, online or by calling **877-283-3777 ext 1**.

On-Demand and Short-Term Counseling: \$0 Copay

24/7/365 Access to counselors for in-the-moment mental health counseling, as well as access to scheduled short-term, solution-focused counseling. 100% Private and confidential, with free visits included in your plan! Once registered, access this service through the app, online or by calling **888-388-0397**.

Talk Therapy: \$0 Copay

Speak with a licensed psychologist for one-on-one talk therapy and psychology session(s) to address any general wellbeing or mental health needs. Once registered, access this service through the app, online or by calling **877-283-3777 ext 1**.

Virtual Psychiatry: \$0 Copay

Connect with a U.S. based, board-certified psychiatrist who can diagnose, treat and prescribe medications for a range of mental health needs, as necessary. Once registered, access this service through the app, online or by calling **877-283-3777 ext 1**.

Wellbeing and Practical Daily Support: \$0 Copay

Access to a concierge to help with everyday needs (ex: finding eldercare or childcare resources, planning a vacation, financial or legal guidance, and more). Once registered, access this service through the app, online or by calling **888-388-0397**.

Savings Tools: FREE

Save big on your prescriptions and medical bills with our in-app healthcare savings tools.

STEP 1

ACTIVATE YOUR ACCOUNT ONE OF TWO WAYS

Either go online at **activate.allyhealth.net** or scan the QR code to **download the app**



STEP 2

REGISTER YOUR ACCOUNT TO ACCESS YOUR BENEFITS

Follow the steps to confirm your personal information and create a login to start talking to providers today! Don't forget to add your dependents.

THIS PLAN IS NOT INSURANCE and is not considered a Qualified Health Plan under the Patient Protection and Affordable Care Act. If you have any questions about your plan, please contact your HR manager or AllyHealth customer support at support@allyhealth.net.